



## Evidence-Based School Mental Health Services (Hardback)

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By Gayle L. Macklem

Springer-Verlag New York Inc., United States, 2011. Hardback. Book Condition: New. Edition.. 236 x 160 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The challenges of providing mental health services to school children are numerous and diverse, ranging from staffing shortages to insufficient funding to family resistance to administrative indifference. Yet with the U.S. Surgeon General estimating that approximately 20 of young people display signs of psychological problems, the need for such services - particularly for interventions that not only address mental health issues but also reinforce protective factors - is considerable. Evidence-Based School Mental Health Services offers readers an innovative, best-practices approach to providing effective mental health services at school. The author draws on the widely used and effective three-tiered public health model to create a school-based system that addresses the emotional and behavioral needs of students most at risk for experiencing, or showing strong signs and symptoms of, emotional problems or disabilities. This prevention-oriented program adapts cognitive behavioral and other clinical therapies for use in primary through high school settings. In several concise, easy-to-read chapters, the author addresses such important topics as: \* The rationale for building a three-tier mental health system in schools.\* The...



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