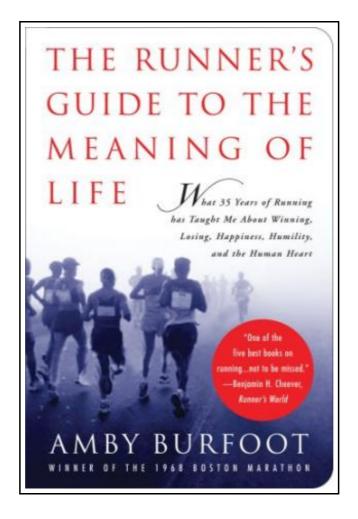
The Runners Guide to the Meaning of Life



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Reviews

This publication is really gripping and exciting. It really is basic but unexpected situations in the 50 % in the book. It is extremely difficult to leave it before concluding, once you begin to read the book. (Prof. Salvador Lynch)

THE RUNNERS GUIDE TO THE MEANING OF LIFE



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Skyhorse Publishing. No binding. Book Condition: New. Turtleback. 150 pages. Dimensions: 7.3in. x 5.2in. x 0.7in.C ited by Runners World magazine as one of the best books ever written on running, The Runners Guide to the Meaning of Life reveals as much about reaching your full potential as it does about sport. Boston Marathon winner Amby Burfoot, one of runnings wisest voices, presents 15 life lessons about passion, courage, materialism, failure, and regeneration, all learned during his more than 35 years of experience in running. He discusses a runners essential traitsqualities necessary for everyone striving to reach a long-term goalas well as the writing, music, and quotes that have continually inspired him. Most important, Burfoot explains that winners are not those who cross the finish line first, but those who discover more about themselves with every step. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Turtleback.



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