



The Struggle for the Authentic Self, Creating Your True Self for a Peaceful World

By Felix Padilla

Indigo Heart Publishing. Paperback. Book Condition: New. Paperback. 248 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. The Struggle for the Authentic Self: Creating Your True Self for a Peaceful World concerns itself with the issue of self identity and awareness, as such, it is built around two inter-related and very central questions: Who is the real me and What is my purpose for living in the human world. In response to these two and other related questions, the book's purpose is to awaken in individuals an intense desire to live an authentic reality, recognizing that their self identity is not their true, authentic self for it does not originate from their true nature. Dr. Padilla integrated the work of social scientists, philosophers, quantum physicists, spiritual mystics, writers and practitioners, literary writers, singers and his personal experience to create a text which aims to inspire individuals to recognize that the attainment of the authentic self represents the ultimate, infinite purpose for which they live in the human world. That all other finite purposes, like the pursuit of happiness and love, living in caring and compassion cannot come prior to the attainment of the authentic self. How can a person feel love for...



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