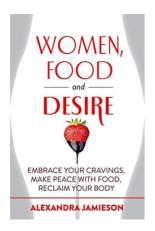
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WOMEN, FOOD AND DESIRE: EMBRACE YOUR CRAVINGS, MAKE PEACE WITH FOOD, RECLAIM YOUR BODY



Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, Women, Food and Desire: Embrace Your Cravings, Make Peace with Food, Reclaim Your Body, Alexandra Jamieson, Transformational health expert Alexandra Jamieson is a woman on a mission. Having overcome her own food addictions and the weight and health problems these habits caused, she learned something life-altering: when we listen to our cravings, they will lead us onto the path of deep healing. Since her own personal breakthrough more than a...

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